

BREAKING PLAN (5.16.2024 REVISION DATE)

Breaks **MUST BE** completed in order: Color Belts = 1 – 2 or Black Belts = 1 – 2 – 3 – 4.

A Zero (0) will be scored any Break(s) done out of order.(Ex.: 1 – 3 – 4 – 2)

Tournament Officials enter what is **WRITTEN** in the Station section for the Technique types, Number of Boards, and Positive Modifiers as well as the Order the breaks will be completed, NOT from the Ring Diagram.

The “Ring” Diagram **IS ONLY** to help you to layout & plan your board breaking sequence.

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Name: _____ Age: _____ Rank: _____

Academy Name: _____

Instructor Name: _____ Inst. Signature: _____ (required)

STATION #1:

Base Technique: _____ = _____ points

Number of Boards: _____ = _____ points

Positive Modifiers: _____ = _____ points per board

= _____ **Total Points**

STATION #2:

Base Technique: _____ = _____ points

Number of Boards: _____ = _____ points

Positive Modifiers: _____ = _____ points per board

= _____ **Total Points**

STATION #3: (BLACK BELTS ONLY)

Base Technique: _____ = _____ points

Number of Boards: _____ = _____ points

Positive Modifiers: _____ = _____ points per board

= _____ **Total Points**

STATION #4: (BLACK BELTS ONLY)

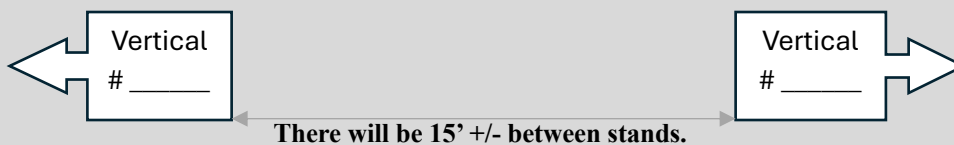
Base Technique: _____ = _____ points

Number of Boards: _____ = _____ points

Positive Modifiers: _____ = _____ points per board

= _____ **Total Points**

FRONT OF THE RING – WHERE THE JUDGES SIT



BACK OF THE RING – WHERE THE COMPETITORS SIT

VERTICAL HOLDERS:
MAY NOT BE MOVED
from their location in the Ring.

HORIZONTAL HOLDERS:
MAY BE positioned
anywhere in the Ring.

The AKF reserves the right to substitute Live Board Holders for Breaks of 1 or 2 Boards.

BLACK BELTS:
ONLY 2 Vertical Holders will be in each Ring. You **MAY** use as many Horizontal Holders as you wish.