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SMALL CHANGES, BIG IMPROVEMENTS!

PRESENTED BY HEADMASTERS BLUMREICH AND BJORKQUIST

Join Headmasters Blumreich and Bjorkquist for this seminar series detailing small adjustments to angles, leverage and balance to make all the difference in your Hapkido techniques, resulting in stronger control and better application!

WHEN	WHERE
Fri., 8/28/26, 6-8pm CST	KMA Elgin 792 S McLean Blvd, Elgin, IL 60123
Sat. 8/29/26, 2-4pm CST	KMA LITH 2785 W Algonquin Rd, Algonquin, IL 60102
Sun. 8/30/26, 10-Noon CST	AKF Janesville 2569 Milton Ave, Janesville, WI 53545

Cost: \$70 per person for 1 seminar, \$130 for two, or \$150 for all 3!

This seminar series is open to all ranks and ages. Please be sure to wear your workout uniform. One AKF point will be awarded per seminar.



Please note, all sales are final. Questions? Call 847-804-8588