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# Flying First Class!

**Presented By Grand Master Holden**

Help your friends learn to fly during this Judo seminar with Grand Master Holden! Only a training uniform (preferably a Judo uniform) is needed to participate in this AKF-approved event open to all ranks and ages.

**WHEN:** Friday, August 14, 2026 from 5:30-7:30pm EST

**WHERE:** AKF Lexington Martial Arts  
4383 Old Harrodsburg Rd, Lexington, KY 40513

**Cost:** \$70 per person

***A Virtual option is available!*** Virtual participants will need a training partner to participate, and if training at home, will need a matted training area.

Please note, all sales are final. Questions? Call 847-804-8588