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SELF DEFENSE WITH GM HOLDEN

PRESENTED BY GM HOLDEN IN PHOENIX, AZ!

Learn fun and practical self defense techniques from one of the most highly ranked and respected instructors in the AKF!

WHEN: Saturday, March 9, 11:00 AM to 1:00 PM

WHERE: AKF Black Belt Academy, 4041 E Thomas Rd #118,
Phoenix, AZ 85018

Cost: \$70 per person / \$140 per family