

Visit [Kyuki-Do.com](http://Kyuki-Do.com) or scan the QR code to register.



# AKF-REQUIRED SELF-DEFENSE

## PRESENTED BY MASTER BJORKQUIST

Join us as Master Bjorkquist demonstrates the AKF's required self-defense techniques for the headlock, rear naked choke, and bear hug at AKF Cartersville in Georgia!

**WHEN:** Sat. Feb. 8<sup>th</sup>, 2025 / 11am-1pm EST

**WHERE:** AKF Cartersville / 449 E. Main St., Cartersville, GA 30121

**Cost:** \$70 per person / \$140 per family

Please be sure to wear your workout uniform. If you are training virtually, you must participate from your home academy and your partner must also train Kyuki-Do.

Questions? Call 847-804-8588