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SOLID SELF-DEFENSE

Presented By Master Steinmaier

Add some finesse to your self-defense techniques with this seminar presented by Master Steinmaier in Kentucky. Only a training uniform is needed to participate in this AKF-approved event open to all ranks and ages.

WHEN: Friday, September 18, 2026 from 5:30-7:30pm EST

WHERE: AKF Lexington Martial Arts
4383 Old Harrodsburg Rd, Lexington, KY 40513

Cost: \$70 per person

A Virtual option is available! Virtual participants will need a training partner to participate.

Please note, all sales are final. Questions? Call 847-804-8588